



Item #: M0011

Lamb Weston Supreme™ Gold Mashed Lightly Seasoned

Brand: Lamb Weston Supreme™
Cut Size: Mashed
Package Size: 6/4# P MILD

Lamb Weston Supreme™ provides consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions. These rich and creamy frozen mashed potatoes are made from golden potatoes and blended with real cream cheese, milk, butter, and other seasonings for a truly satisfying dish. These high-quality ingredients provide a scratch-made taste and texture without the prep and labor. Simply boil or steam in a bag.

OPERATOR BENEFITS



Consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Real baked potato flavor and texture in every bite.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

NUTRITION AND COOKING METHODS

Serving size: 2/3 cup (140g)
Servings per container: About 78
Calories [per serving]: 130

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	4.5g	6%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	440mg	19%
Total Carbohydrate	21g	
Dietary Fiber	1g	4%
Total Sugars	less than 1g	
Added Sugars	0g	0%
Protein	2g	
Vitamin D	0.8mcg	4%
Calcium	20mg	0%
Iron	0.1mg	0%

Ingredients: Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Salt, Cheese Cultures, Stabilizers [Carob Bean Gum, Xanthan Gum, Guar Gum]), Butter (Cream, Salt), Salt, Maltodextrin, Disodium Dihydrogen Pyrophosphate (to promote color retention), Monoglycerides, Natural Flavor, Onion Powder.**CONTAINS: MILK**

Grade: A

Kosher: Yes

Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
			<p>FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 170F (77C) internal temperature as measured by a food thermometer in several spots.</p>
Boil in Bag	24 - 26 min	Boiling	<p>Cooking Amount- Whole unopened bag. Place unopened bag in boiling water. Remove bag halfway through cook time and knead for 20 seconds; CAUTION contents will be hot. Place bag back in boiling water for remaining cook time. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.</p>
Steam Cabinet	28 - 30 minutes	Steam (Below water must be boiling)	<p>Cooking Amount- Whole unopened bag. Place unopened bag in full size perforated pan. Heat as directed. Remove bag halfway through cook time and knead for 20 seconds; CAUTION contents will be hot. Place bag back in perforated pan for remaining cook time. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.</p>

Microwave

35 minutes

Power levels vary during cook process. See Additional Instructions.

Cooking Amount- Whole unopened bag. Place unopened frozen bag in microwave. Microwave at 80% power for 20 minutes – mix the mashed potatoes halfway through cook time, and again at the end of the 20 minute cook time, by kneading the bag for at least 20 seconds. Caution – product will become hot as cooking time progresses! Use gloves when handling the bag. Carefully cut a 1/2 inch slit along the center of the bag to allow venting. Place bag back in the microwave with slit facing upward and cook at 100% power for 15 minutes – every 5 minutes carefully mix the mashed potatoes by kneading the bag for at least 20 seconds. Caution – product will be hot! Remove bag and let stand for 2 minutes. Using a food thermometer, ensure mashed potatoes are 170f (77c) throughout. Mix before serving. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.

SHIPPING AND STORAGE

Shipping Information

Item Number	M0011
GTIN	10044979130112
Net Weight	24.0 lb
Gross Weight	26.0 lb
Count Per Pound	N/A
Case Cube	0.66
Ti/Hi	14,6
Country of Origin	US
Shelf Life	720 days

Handling Instructions

Handle with care, do not drop! Ship frozen - Perishable. Keep frozen at 0°F (-18°C).